



Advancing Healthcare Awards 2019

Innovation | Creativity | Leadership | Compassion

Celebrating the winning entries presented on
12 April 2019 at the Park Plaza Victoria, London



Chamberlain Dunn Events

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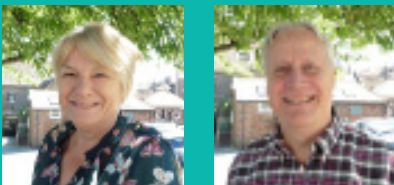
Congratulations to all our winners and finalists

Welcome to the work of the finalists of the 2019 awards for allied health professionals, healthcare scientists and those who work alongside them.

This was a particularly strong year for entries to the Advancing Healthcare awards. From across the UK, representing many different specialties, the entries flooded in, giving our judges a challenging task to come up with finalists in each category.

One of the unique features of our Awards is that finalists are judged by a mix of specialists across the AHP and healthcare science world. This means that they have to explain carefully what their work is about and its significance in the bigger healthcare picture. We have found over the years that our entrants have become better and better at this –and at spreading the word outside their immediate place of work.

The Advancing Healthcare awards over the past fifteen years have developed a real sense of community, not least through our loyal sponsors and supporters who contribute not only the financial support we need, but also ideas, help with judging and suggestions for the guest list. We appreciate this close involvement. Congratulations to all our finalists who have captured what they have achieved, told us how they did it and how you can do it too.



Alison Dunn and
Will Chamberlain-Webber

Joint managing directors
Chamberlain Dunn

April 2019

Our Winners' Guide is a vital part of the Advancing Healthcare awards programme. We are proud of it for (at least) four reasons:

- 1** It gives participants, guests, entrants and the wider healthcare world a chance to digest more fully the work of the finalists
- 2** In print and on-line it is a more permanent record of the achievements of AHPs and healthcare scientists in 2019 than an awards ceremony can ever achieve
- 3** It gives contact details for those wanting to find out more to build on their own work and to share experiences
- 4** It helps us to stand out from the crowd – very few award organisers take the trouble to deliver this final piece of the jigsaw.

If you would like to be involved in next year's awards as a sponsor, judge or simply share some ideas about how we can develop the programme, please contact Rachael Fisher on rachael@chamberdunn.co.uk or call 020 8334 4500

Advancing Healthcare Awards 2019

OVERALL WINNER



Joe McQuillan

Head orthoptist, Royal London Hospital, Barts Health NHS Trust

“ Joe is an orthoptist who has moved from a clinical role to a senior management role. Having a practising, highly respected clinician as a senior manager has meant the service has gone from strength to strength in recent years and this is down to Joe’s commitment and drive for the service and the team. He consistently receives the most compliments in the department. His interaction with patients inspires others who have amended their clinical methods to ensure the quality of care constantly improves. His work has led to many positive changes within the department – telephone clinics, orbital trauma pathways, learning difficulties clinics and virtual retinal clinics all of which have had a significantly positive impact on the quality of patient care. ”

FIND OUT MORE

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2019 United Kingdom
Advancing healthcare awards
Allied health professionals & healthcare scientists

NHS EMPLOYERS AWARD FOR OUTSTANDING ACHIEVEMENT BY AN APPRENTICE, SUPPORT WORKER OR TECHNICIAN WORKING ALONGSIDE AN AHP OR HEALTHCARE SCIENTIST

WINNER

OASIS (OsteoArthritis Self-management and Independent Living Support) Group: improving quality of life in patients with lower limb osteoarthritis

Emma Busby, physiotherapy assistant,
pictured with Denise Softley, clinical lead
Midlands Partnership Foundation Trust

Osteoarthritis (OA) problems cost the NHS £250 million per year. In response to NICE guidance, Emma redesigned the format and content of an OA lower limb exercise class to create a cost-effective, high quality treatment programme called OASIS (OsteoArthritis Self-management and Independent living Support).

Following a 15-minute induction, the improved and innovative classes consist of a rolling attendance for one hour a week for six weeks. Each session combines various exercises set out into 10 stations, which has evolved to include a graded approach to each station to create a more bespoke style for each individual. There is also a different educational topic each week.

The impact on patient outcomes has been unquestionably positive. One particular patient wrote: "I have just finished the six week exercise plan and benefitted enormously. When I started I couldn't do many of the exercises due to pain and couldn't carry on with my passion of

dancing. Within two weeks of starting the class I was back on the dance floor and it's been incredible."

Analysed data has also revealed that reported pain scores were reduced in 63% of patients, and 96% of patients improved in at least one functional measure, with 93% improved in at least two.

With an average group of six patients per course, the annual cost saving is around £3,700 versus a normal course of 1:1 physiotherapy for the same duration.

“Great patient involvement in the design of OASIS. It was led by a Band 4 staff member who was a key player in the project implementation.”

FINALISTS



Kezia Marshall, critical care rehabilitation assistant, Hampshire Hospitals NHS Foundation Trust

Rehabvent Calendar

kezia.marshall@hft.nhs.uk



Virginia Stevenson, OT technical instructor, Jill Bradley, lead for AHPs, Shane Elliot, professional head of occupational therapy services and Christine Little, community team manager, Northern Health and Social Care Trust

Same Day Tagged and Tracked Provision of Community Equipment

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FIND OUT MORE

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WELSH GOVERNMENT'S AWARD FOR PRUDENT HEALTHCARE



Llywodraeth Cymru
Welsh Government

WINNER

**STANCE: Diabetes foot health education
and empowerment to self-care**

Angela Jones and Helen White, specialist podiatrists,
Cardiff and Vale University Health Board

Current interventions are not adequately addressing diabetic foot disease (DFD), and are failing to prevent disease progression, particularly where patients are not adequately engaged to make changes to their modifiable risk factors.

NICE Guidelines recommend an annual foot assessment and 3–6 monthly reviews for patients at moderate risk of DFD. However, this level of individual contact is becoming unsustainable.

A new programme was therefore developed called STANCE to engage and activate patients with diabetes to be confident to self-care. The programme includes an interactive group session, discussing diabetes and foot health, followed by a one-to-one consultation where the podiatrist re-enforces information, evaluates and supports the “Healthy Me” and “My Healthy Feet” needs of the patient.

STANCE has empowered patients to better understand, question and engage as equal

partners in their treatment plan. It has also demonstrated significant cost efficiencies – over £91,000 has been saved over a six-month period. This equates to an additional 176 appointments. There has also been a reduction in the waiting list from 14 weeks to three weeks.

Results from a patient reported outcome measure showed an increase in confidence in managing foot health from 56% to 92% after the education and consultation. Equally, knowledge of how diabetes affects the feet rose from 62% to 91%. Those who knew their HbA1c result rose from 13% before education to 73% after consultation.

“ This early education project kept service users at the centre throughout. ”

FINALISTS



The Organ Donation Study Research Team, Bangor University, NHS Blood and Transplant, Cardiff and Vale University Health Board, Cardiff University and Welsh Government. Funded by Health and Care Research Wales

Organ Donation Study

lmclaughlin@bangor.ac.uk



Tara Crossey, podiatrist & **Gail Thompson** South Eastern Health and Social Care Trust

Osteomyelitis is not just a 'micro' problem

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FIND OUT MORE

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AHA
2019 United Kingdom
Advancing healthcare awards
Allied health professionals & healthcare scientists

RISING STARS AWARD, SPONSORED BY THE COLLEGE OF PODIATRY



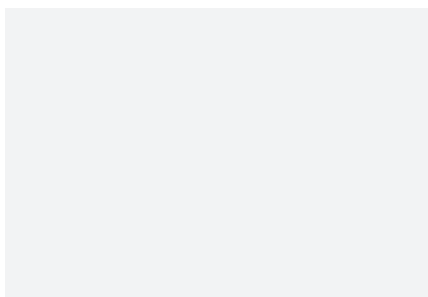
Lara Chapman, specialist podiatrist/clinical research associate, Harrogate and District NHS Foundation Trust/Leeds Institute of Rheumatic and Musculoskeletal Medicine, University of Leeds



Amber Tibbitts, dramatherapist, Hertfordshire Partnership NHS Foundation Trust



Danny Gaskin, biomedical scientist, University Hospitals of Morecambe Bay NHS Foundation Trust



Chloe Holmes, highly specialist healthcare scientist, Royal United Hospitals Foundation Trust, Bath



Chloe Lockwood, biomedical scientist, Leeds Teaching Hospital NHS Trust



Selas Jennings, clinical scientist, NHS Greater Glasgow and Clyde



Fiona Deeley, operating department practitioner, George Eliot Hospital NHS Trust

VIAPATH AWARD FOR INNOVATION IN HEALTHCARE SCIENCE



WINNER

Personalised medicine in a clinical lab

Kimberly Gilmour, (not pictured) clinical lead immunology and director cell therapy and Christine Rivat, senior healthcare scientist, and team, Great Ormond Street Hospital, London

Gene and cell therapy are increasingly being used as effective ways of saving lives. Patients born with genetic diseases such as SCID (severe combined immunodeficiency) will die without a bone marrow transplant (BMT) or gene therapy. But for patients without a good donor, BMT is risky with around 30% mortality.

In cell therapy, cells are taken from an individual, modified and then infused back into the patient to cure cancer or genetic conditions.

Initially the issuing of cells and tests for these therapies was done by research staff involved in the clinical trials. Now, GOSH labs have developed robust procedures for issuing cells and monitoring these patients themselves. This has enabled GOSH to be the first European centre to treat a patient as well as running over 25 cell and gene therapy trials.

Over 40 patients with SCID have now been treated and 100% are alive and well.

Another group of patients that has been helped are those with B cell leukaemia. They are routinely treated by chemotherapy, which for many is curative but those that do not respond will have multiple rounds of chemotherapy and go onto BMT. If this fails, the only option previously was palliative care.

Now, patients' T cells can be removed, engineered to express an antigen that attacks their cancer and reinfused. Depending on the trial, 50-70% of patients can be cured.

“ This shows how healthcare science is able to impact on patients. Demonstrates the innovative translation of research into practice. ”

FINALISTS



Jane Wild, consultant clinical scientist and head of adult audiology service, Betsi Cadwaladr University Health Board

Advanced practice audiologists in primary care

jane.wild@wales.nhs.uk



Rebecca Pattenden, consultant biochemist and Catriona Clarke, principal biochemist, NHS Lothian

Improving the diagnostic accuracy of Type 1 diabetes using C peptide testing

Catriona.Clarke@nhslothian.scot.nhs.uk



FIND OUT MORE

kimberly.gilmour@gosh.nhs.uk



THE SCOTTISH GOVERNMENT AWARD FOR DRIVING IMPROVEMENT, DELIVERING RESULTS



WINNER

The Science Training School

Sarah Smith, (not pictured) healthcare science professional lead, Lynne Taylor, and Claire Cameron, education and training managers, NHS Lothian

In 2013, The Science Training School was developed at St John's Hospital to address the issues surrounding the education and training of laboratory staff.

From a pilot of just seven students, Sarah has managed to change the way in which NHS Lothian provide training and education to its employees by her innovation of blending learning with working so staff can earn while they learn.

The School now delivers a variety of qualifications including MA Apprenticeship programmes via an academic and employer partnership. This allows education and training to constantly evolve to suit the needs of employers as well as SQA or other awarding bodies.

Students can also work up from HNC level to (Hons) BSc degree level – from a band 2 to potentially achieve band 6 status. This flexibility allows staff to move more freely within laboratory medicine.

Students from the school have found the programme very beneficial. One said: "Undertaking the Modern Apprenticeship programme has increased my knowledge and understanding of my role in the laboratory in providing efficient services to patients."

And another student reported: "I have gained more knowledge and learnt more skills which has helped me in my role within the laboratory."

“Developed a solution to a defined workforce issue and by doing so have created a pathway for individuals to be developed from school to degree.”

FINALIST



Jill MacLeod, senior chief respiratory physiologist and Tracey Bradshaw, consultant respiratory physician, NHS Lothian

The earlier use of fractional expired Nitric Oxide (FeNO) - challenge testing improves asthma diagnosis.

Jill.MacLeod@nhslothian.scot.nhs.uk

FIND OUT MORE

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BIOMEDICAL SCIENTIST OF THE YEAR AWARD, SPONSORED BY THE INSTITUTE OF BIOMEDICAL SCIENCE



WINNER

Dr Joanne Horne, advanced practitioner healthcare scientist in histopathology, University Hospital Southampton NHS Foundation Trust

Jo Horne is an exceptional advanced practitioner healthcare scientist in histopathological dissection and reporting at the cellular pathology department at the University Hospital Southampton. She is a trailblazer in the field and promotes the profession in innovative ways, having been featured by *The Guardian* and *The Biomedical Scientist* magazine.

Jo became education and training lead for her department, working with the pathology training lead to standardise training and improve working together between departments within the care group for patient benefit.

In 2017, Jo was made a WISE fellow and has used the platform that this has provided to be promoted to lead healthcare scientist – a new role for her organisation. Having a biomedical scientist as one of the WISE cohort who attended Downing Street for the NHS 70 celebrations demonstrates the key impact having people like Jo in these positions can have. She has over 2,000 twitter

followers which demonstrates the appetite for the work that she does in raising awareness of biomedical scientists and their role.

Jo has a great patient focus and this has led her to develop her involvement with educational activities in order to maximise her impact on the patient pathway.

Jo is a born leader who is not scared of crossing boundaries and dealing with the uncertainty that this can bring with it.

“Jo is someone who others may aspire to. She has faced many challenges and found ways to overcome them.”

FINALISTS



Shauna McAuley, governance and quality manager and biomedical scientist, pictured with Erin Johnson, IBMS Belfast Health and Social Care Trust

Shauna.McAuley@belfasttrust.hscni.net



Sarah Brownsteen, biomedical scientist, pictured with Cailey Robertson, clinical scientist Gloucestershire Hospitals NHS Foundation Trust

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FIND OUT MORE

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THE ACADEMY FOR HEALTHCARE SCIENCE AWARD FOR INSPIRING THE HEALTHCARE SCIENCE WORKFORCE OF THE FUTURE



WINNER

Reach Out for Healthcare Science

Elaine Cloutman-Green, Joint Trust Lead Healthcare Scientist, Great Ormond Street Hospital and Philippa May, Head of Education and Development for Healthcare Science, Royal Free NHS Foundation Trust

Representing all healthcare scientists who contribute to Reach Out from various London trusts and bodies

Reach Out for Healthcare Science is an annual outreach programme which runs in South, North West and North Central and East London for one week each. It is coordinated in each region by healthcare scientists and supported by Exscitec and Health Education England. It was the brainchild of Professor Sue Hill, Vivienne Parry, Dr Keith Ison and Alan West.

The target audience is Y10 students from local schools who have a stated interest in a STEM career but who may have less advantaged circumstances than some of their peers. The aim is to give the students an experience – not just an understanding – of the depth and breadth of some of the 50+ different healthcare science disciplines, and to dispel the myth that nursing and medicine are the only routes to a STEM career which can actively help patients. Students are given one-hour taster sessions in clinical departments, patient clinics and laboratories.

The impact on the students is genuinely astonishing. On the introductory day the students are reserved. As the week progresses, their confidence grows. By the time of the prize-giving ceremony on the last day it is a genuine pleasure to watch as the students struggle to contain their excitement as they cheer their peers.

Reach Out is now in its seventh year and has reached 1,600 students. Over 80% of students have rated the programme as good or very good overall. Rather than being a project with a lifespan, this is a programme with a life.

“The project has the capacity to influence across all levels and has engaged individuals across all of London.”

FINALISTS



Cynthia Savage, specimen reception manager, pictured with Dunstan Vincent, North West London Pathology
cynthia.savage@nhs.net



Bamidele Oliyide Farinre, specialist biomedical scientist, Great Ormond Street Hospital, London.
Erin Johnson, IBMS
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FIND OUT MORE

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THE AHP CLINICAL LEADERSHIP AWARD

SPONSORED BY ALLIED HEALTH SOLUTIONS



WINNER

Joe McQuillan, head orthoptist, Royal London Hospital, Barts Health NHS Trust

Joe has been at the Royal London for 11 years: head orthoptist for seven and general manager for three. Upon taking on each of these roles the service has taken significant steps forwards in financial, governance and performance terms. His drive to see the service succeed and patients to receive the best possible care is second to none.

Joe is one of very few AHPs in the country who has taken on a senior management role (general manager in ophthalmology) in addition to maintaining his clinical practice as head orthoptist. He took this on to ensure the service received the management support it required to progress. Ophthalmology at RLH has historically always been a very small fish in a very large pond, so securing investment has always been difficult – Joe has consistently achieved this against very strong bids.

He is passionate and leads by example. He has been the catalyst and driver to increase the size of the department by over 50% in less than 18 months.

Clinically Joe leads by example, always being the first to accept additional patients, or help colleagues with complex patients, the first to start clinic and the last to leave.

Joe always puts the patient at the forefront of everything he does. His development of the orthoptic trauma role alongside the maxillo-facial and ophthalmic surgeons has revolutionised the care these patients receive.

“ Joe has led the transformation of services and his clear leadership skills have resulted in excellent partnership working. ”

FINALISTS



Joanne Stonehouse, Macmillan paramedic, Macmillan cancer care project manager, South Western Ambulance Service NHS Trust
joanne.stonehouse@swast.nhs.uk



Beth White, clinical lead occupational therapist, pictured with Sarah Wilson Northamptonshire Healthcare NHS Trust
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FIND OUT MORE

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MAXIMISING RESOURCES FOR SUCCESS SPONSORED BY **THE DEPARTMENT OF HEALTH NORTHERN IRELAND**



WINNER

The role of the dietitian in multi-professional, risk stratified care for women with gestational diabetes in joint antenatal-diabetes clinics

Michelle Murray and Siobhan Monaghan, (not pictured) diabetes specialist dietitians, Western Health and Social Care Trust

Women with diabetes during pregnancy have a higher risk of maternal and foetal adverse outcomes when compared to the background population. These women also face frequent clinic visits and long clinic waiting times so there was room for improvement. In response to a significant increase in demand on gestational diabetes (GDM) services, a new model of care was developed embedding diabetes specialist dietitians (DSDs) at the core.

The new model of care was based on risk stratification of service and embedded ongoing joint review with DSDs and diabetes specialist nurses (DSNs) for low risk pregnancies. Higher risk pregnancies were reviewed at consultant diabetologist-led clinics with DSN+DSD support.

The risk stratified approach provided an equal service across the trust and protected the high risk clinic for more complex cases. Ongoing dietetic input allowed dietary changes to be identified that could help delay/prevent the introduction of insulin therapy. Out of a

total of 384 GDM pregnancies, 84.3% were managed by the DSD+DSN led service. Of these, 30% were dietary managed and 51% were managed with diet and metformin. The conversion rate to insulin was 19%. This resulted in only 3.3% of pregnancies moving to a consultant-led service. Reduced waiting times at clinics and reduced travel distances were welcomed by patients.

The outcomes demonstrated that a DSD+DSN delivered GDM service provides safe and effective care.

“Really lovely model of leadership, targeting those needing the most support and moving towards a virtual clinic model – transforming the service.”

FINALISTS



Joanne Shannon, clinical lead/manager orthopaedic ICATS and Leanne Holmes, advanced physiotherapy practitioner, South Eastern Health and Social Care Trust

ESCAPE pain=better care for chronic joint pain

joanne.shannon@setrust.hscni.net



Bernie McGreevy, Macmillan clinical specialist physiotherapist, Northern Health and Social Care Trust

Macmillan pulmonary prehabilitation self management programme for people with newly diagnosed lung cancer

bernie.mcgreevy@northerntrust.hscni.net



Carmel Harney, assistant director for AHP governance, workforce development and training and Mandy Gilmore, professional lead for dietetics, Southern Health and Social Care Trust

Allied Health Professions Flexible Pool
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FIND OUT MORE

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THE SCOTTISH GOVERNMENT AWARD FOR IMPROVING QUALITY; MEASURING AND DEMONSTRATING IMPACT



WINNER

Food first best for all in Highland

Evelyn Newman, nutrition and dietetics advisor and
Ian Rudd, director of pharmacy, NHS Highland

Over recent years the expenditure on oral nutrition supplement (ONS) prescribing across NHS Highland had increased to unacceptable levels, exceeding £1 million by 2015/16. NHS Scotland therefore decided to set up a working group to develop a plan to improve the situation.

It was agreed that there was a need to minimise variation in product prescribing, limit the use of ONS and proactively promote a person-centred FoodFirst approach. A much reduced prescribing formulary was implemented, with recommendations to stop the use of some high energy, low volume (HELV) products. Prescribing guidelines for dietitians were introduced and it was agreed to stop routinely recommending ONS in all care home settings.

More than £300k in recurrent annual savings (equivalent to 30% of total budget) has been released, largely because HELV products are no longer recommended, and from stopping ONS use in care homes. ONS prescribing is

becoming far less common and patients' expectation of receiving ONS from GPs is being managed with supporting literature and recipes rather than a prescription.

In care homes levels of ONS waste were drastically reduced and residents reportedly enjoyed eating fortified meals and drinks rather than prescribed cartons. Many were choosing to socialise more at mealtimes. And care staff have more time to offer direct care now they don't have to manage the ONS process.

“ This is an excellent example of clinical leadership which delivered a transformational piece of work and a great example of cost saving. ”

FINALISTS



Louisa Edwards, CT colon advanced radiography practitioner, ABMU Health Board

Improving diagnostic CT colon services with advanced practice radiography

louisa.edwards@wales.nhs.uk



Aileen Mulhall, team lead physiotherapist, Downe Hospital, Mary Higgins (not pictured) Band 6 physiotherapist, South Eastern Health and Social Care Trust

Downe Oxygen Discharge team

aileen.mulhall@setrust.hscni.net

FIND OUT MORE

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THE GUARDIAN JOBS AWARD FOR INNOVATION IN MENTAL HEALTH SERVICES

The
Guardian Jobs

WINNER

Young Persons' Dramatherapy Group

Clare Hubbard, dramatherapy Lead and Marina Morgan, dramatherapist, Hertfordshire Partnership University NHS Trust

With an increase in referrals for younger adults who experience social anxiety as part of their mental health difficulties, Clare and Marina felt that group therapy could be more beneficial than the one-to-one therapy that was currently being offered.

Many had experienced bullying at school which had had a severely detrimental effect on their confidence in interacting with others, being out in the community and going to college or work. It was decided that group therapy could help them find peer support, work through their fears and build their confidence. To help them engage in their community, the therapy took place at a local theatre.

The group, comprising eight members, ran for 12 months from October 2017. All had had some individual sessions prior to the group. Of the seven people who completed the group, three were ready to be discharged from the mental health services and two were under a psychiatrist only.

Being away from the health centre for a whole year, the group talked a lot about how they felt defined by their mental health diagnosis. But being in a studio situation working creatively, allowed them space to work through this self-view, and define themselves differently. They had the potential to be something other than their illness and diagnosis.

One member said: "I actually feel hopeful for the future and instead of feeling suicidal I feel more invigorated and want to live my life."

“The impact on individuals – all young people – allowing them to grow in confidence and personality was stunning.”

FINALISTS



Charlotte Miller, director/head music therapist, Intergenerational Music Making

Intergenerational Music Making - Making Bridges

charlotte@imm-music.com



Lindsey Anderson, information and support radiographer and Grace Brown, therapeutic radiographer, Stacey Hetherington, radiotherapy clinical co-ordinator

Belfast Health and Social Care Trust

POEMs – the light in the fog (Patient-Oriented Evidence that Matters)



FIND OUT MORE

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2019 United Kingdom
Advancing healthcare awards
Allied health professionals & healthcare scientists

FACULTY OF PUBLIC HEALTH AND PUBLIC HEALTH ENGLAND AWARD FOR CONTRIBUTIONS TO PUBLIC HEALTH



Public Health
England

WINNER

Opportunistic testing for Atrial Fibrillation in Community Podiatry

Monica Fisk, Joint lead community podiatrist and Nicholas Tuck, (not pictured) joint lead community podiatrist, Guys and St Thomas' NHS Foundation Trust

Atrial fibrillation (AF) is responsible for approximately 20% of all strokes, which costs the NHS £2.2 billion each year. However, many people don't receive the treatment they require because it often goes undetected. More than 420,000 people throughout England are unaware they have irregular heart rhythms. In Southwark and Lambeth alone there are thought to be 9,054 people with AF, yet only 5,349 on the local registers.

There are highly effective treatments available to prevent these strokes, but early detection is key. Risk factors include being over 65, diabetes, high BP and it is often seen in podiatry patients.

By providing opportunistic testing of patients using a mobile ECG Kardia device during routine podiatry appointments, it was predicted that detection rates could be increased in the local population. Pulse checks using these devices can be completed in 30 seconds and can easily be carried out by a podiatrist or foot care assistant.

A pilot study was set up and 376 patients were tested. Sixteen patients with unknown history of AF were detected – higher than was originally predicted. These patients were referred to their GP for a 12 lead ECG and further treatment.

Due to the success of the pilot the next step of our project is to ensure all patients are offered a pulse check using a mobile ECG device at each podiatry appointment. This could have a significant impact on improving the health of the local population.

“ This is a simple and quick way to reduce the number of potential strokes by frontline staff. Cost-effective and can easily be spread and adopted by others. ”

FINALISTS



Sarah Addy, occupational therapist and Lyndsay Beck, acting AHP lead mental health services for older people, Alastair Bramley-Little, Crew Manager - Persons at Risk Team (PART) Nottinghamshire Healthcare NHS Foundation Trust

The impact of occupational therapy on reducing risk of harm from fire

sarah.addy@nottshc.nhs.uk



Lauren Walker, Fire Safe and Well regional manager and Jillian Robson, fire safety project officer – health, Healthy London Partnership, London Fire Brigade

Fire Safe and Well

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FIND OUT MORE

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2019 United Kingdom
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Allied health professionals & healthcare scientists

THE MACMILLAN AWARD FOR LEADERSHIP AND INNOVATION IN CANCER REHABILITATION HEALTH SERVICES

WINNER

The Integration of an NHS Welfare and Benefit Service into a multidisciplinary cancer centre

Phillip Bremner, Macmillan welfare and benefits adviser, Harrogate and District NHS Foundation Trust

Financial worry is rated by cancer patients as their greatest concern after their diagnosis. A cancer diagnosis costs a patient on average £540 in additional costs each month. However, welfare and benefit support for patients affected by cancer is usually reliant on access to social care agencies, the voluntary sector or the Department for Work and Pensions. These options usually result in a time-limited drop-in or a restricted fixed appointment clinic, often scheduled over a few hours once or twice a week and dependent on the hosting organisation.

With the creation of a new cancer centre at Harrogate Hospital, a pioneering decision was made to independently employ and integrate a Welfare and Benefit service into an NHS setting. The service employs a 0.8WTE Welfare and Benefits Adviser at a KSF Band 6 who delivers a high quality, flexible and easily accessible service at the point of need. Advice and funding is also provided through means such as grants, benevolent funds, help to increase income, reduce expenditure and access memory/activity experiences.

The impact of the of the service has been phenomenal according to service evaluation and user feedback. Over £6 million of annualised benefits have now been successfully claimed, over half a million pounds of backdated arrears, £70,000 of charitable grants as well as white goods, experience and memory days, charitable holidays for the terminally ill and travel costs to attend treatment.

“ Philip's passion for his role was very evident in the quality of the service he provides, going the extra mile to ensure all his patients' needs are met. ”

FINALISTS



Lucy Davies, Macmillan therapy team lead and Lucy Wood, (not pictured) clinical team lead, HGS as part of UHB

The Macmillan Therapy Team: crossing traditional boundaries to transform palliative care services in Birmingham and Solihull

lucy.davies@heartofengland.nhs.uk



Zoe Merchant, programme lead/specialist occupational therapist, Greater Manchester Cancer

Prehab4Cancer

zoe.merchant@nhs.net

FIND OUT MORE

Phil.Bremner@hdfnhs.uk

THE CHROMA AWARD FOR REALISING POTENTIAL THROUGH CREATIVITY



WINNER

**Empowering patients with chronic kidney disease
undergoing dialysis through cookery**

Harriet Williams, area head of dietetics, and Alison Richards,
renal social worker, Betsi Cadwaladr University Health Board

People with chronic kidney disease undergoing dialysis often report feelings of disempowerment, loneliness and social isolation and are frequently advised to modify their diet. However, advice may be complex and perceived to be restrictive.

Building on a pilot from 2016, this project focused on rolling out a larger pilot of a cooking skills course for people with kidney failure undergoing life sustaining dialysis to evaluate its impact on empowering them to enjoy a diet which meets their health needs, socialisation and self efficacy.

A six-week programme of cooking sessions was created, which aimed to represent everyday life and social situations. The course aimed to not only increase knowledge and confidence with the “renal diet” and cooking skills but also to offer patients an opportunity to socialise away from a hospital setting.

Twenty two patients between 20 to 75 years of age attended three cooking

programmes. Patients were encouraged to bring a carer or relative if required. The course was free of charge to the patient and transport was provided, if required.

Following the course, patients reported greater appetite, confidence in cooking skills and enjoyment of their diet and were more content with the range of foods that were able to eat. A sense of camaraderie developed and sessions became a forum for informal advice and peer support on a far wider range of renal issues such as dialysis and transplant hopes.

“ Involving multiprofessional agencies, this project is making a real impact now and has the scalability to have a national impact. ”

FINALISTS



Grace Meadows, senior music therapist, Claire Flower, clinical specialist music therapist and joint team lead, Chelsea and Westminster Hospital NHS Foundation Trust

‘Music While You Wait’ – bringing music therapy to maternity services at Chelsea and Westminster Hospital

grace.meadows@chelwest.nhs.uk



Catherine Maclean and Heather Waldman, highly specialist speech and language therapists, Bedfordshire Community Health Services

Our creative bridge between therapy and community

catherine.maclean4@nhs.net



FIND OUT MORE

harriet.williams@wales.nhs.uk



SPECIAL RECOGNITION AWARD

Andy Collen, Medicines Lead, College of Paramedics

For Andy Collen, it's been a long journey to achieve prescribing powers for paramedics but now it's official. His leadership, knowledge and communication skills have inspired large numbers of paramedics. Over many years, he has supported the view of his professional body - that paramedics are ideally placed to provide an enhanced service to patients. An unnecessary trip to hospital creates stress and pressure on both the healthcare system and patients which in many cases can be avoided through safe independent prescribing.

Andy's understanding of the advanced practice role and incredible in-depth knowledge of the legislation ensured his work has been founded on sound evidence and demonstrated that patient benefits were at the heart of the project. The impact of independent prescribing for paramedics, achieved in 2018, is already having a huge impact across the UK.

Dr Mary Hannon-Fletcher, senior lecturer, Ulster University

Mary is an enthusiastic and committed biomedical scientist who places the patient at the centre of the care pathway. She is passionate about improving the academic level for all HCS and AHP staff to realise the best outcomes for service users. Mary has been a real advocate of promoting advanced practice underpinned by research and masters level education.

Her outstanding career spans 40 years, educating and training biomedical scientists ensuring they are healthcare leaders in the future. At Ulster she was Head of School of Health Sciences from 2011 to 2017; and works across the UK and Ireland, to ensure students graduate with the best possible clinical skills and professional practice. She is involved in the regulation and monitoring of biomedical science courses in the UK.

She is Ulster University's Athena Swan and Aurora Champion. She champions and raises the profile of biomedical scientists at every opportunity, and truly deserves this special recognition award.



THANKS YOU TO ALL OF OUR JUDGES

Professor Tony Fisher
Hedley Glencross
Paul Rafferty
Linda Hindle
Grahame Pope
Tracy MacInnes
June Davis
Andy Pickering
David Wells
Lynda Rigby

Jo Young
Hazel Winning
Rachel Harris
Claire Angus
James Gore
Karen Stewart
Daniel Thomas
Ruth Crowder
Dominic Harrington
Sarah Johnson

